

### **Contact List**

In case of emergency: Mrs Dickson 01943465018

*HEALTH and SAFETY Team* 01132475785

## **Great Tower Scout Activity Centre**

01539531279 Birks Road Newby Bridge Cumbria LA23 3PQ

## **Roles and Responsibilities**

## Mr P Hampson

Party leader. Trip organisation. Group leader. First aid. Room Inspection. Evening Security check

### Mrs L McCaul

Group leader. Room inspections. Evening Security check. Pastoral care.

# Mrs Kettleborough

Group Leader. Room inspections. Evening Security check. Pastoral care. First aid.

Administration of medications. Collection of medication

## Mrs S Wilmot/Mrs J Dickson

Group Leader. Room inspections. Evening Security check. Pastoral care. First aid.

#### Accommodation

We will be staying at Great Tower Scout Activity Centre, Cumbria. The main advantage of this centre is that we are housed at the place where our main activities are sited. Rooms are mainly in sixes and are single sexed. The centre is equipped with washing, cleaning and dining facilities and is not shared by or adjoined to any other provider.

#### Meals

Children will be provided with a hot breakfast as well as cereal and juice. Packed lunch is prepared for each new day although a pack up will be needed for Monday—the first day away. A water-tight container (labelled) for drinks is required as this will be re-filled with juice on the morning of each day (no glass bottles). Every evening of our stay the children will have their evening meal at Great Tower.

Any dietary/allergy requirements will be taken into consideration and catered for.

#### Contact

In case of emergency the address is:

## **Great Tower Scout Activity Centre**

01539531279 Birks Road Newby Bridge Cumbria LA23 3PQ

Please do not telephone unless it is a genuine emergency. School will be kept up to date with proceedings and a daily report along with photographs will be uploaded to the school Twitter account.

#### **Activities**

All adventure activities are supervised by Great Tower staff, with appropriate qualifications. Great Tower is registered with the Adventure Activities Licensing Authority. Parents can therefore rest easy with regard to the instruction.

#### Clothing

We are outside all week in The Lake District in May. It is therefore vital that we dress appropriately. We have attached a suggested kit list to this pack.

Please ensure that items of clothing are <u>LABELLED</u> as we are always left with a mountain of lost property at the end of the week!

NB. The purpose of the trip is to experience life in the outdoors and to take part in adventurous activities. Every year we see children who are inappropriately prepared or equipped. If a child is dry and warm they will enjoy their experiences! A wet and cold child (and adult!) is an unhappy one!

If a child inadvertently enters the water during water-based activity there are warm showers on site.

Waterproof cagoules/trousers are provided by the centre for water based activities. Buoyancy aids and life jackets are also provided.

### Personal/medical information

As this is an adventure week and children will be physically exerted, it is important that we know your child's capability and state of health. Please ensure the medical forms have been completed with care and all relevant information has been given. Medication to be taken should be labelled with clear dosage.

### Safety/Behaviour

This is a trip where staff will have a 'zero-tolerance' attitude regarding inappropriate behaviour. Strict safety rules will be adhered to and anyone unable to follow the rules will be sent home. The main reason for the trip is to develop interpersonal relationships, co-operation, trust and respect.

### **Pocket Money**

As spending opportunities are limited we suggest a limit of £10 *Please ensure the children have the amount in change (£1 coins)* – this will be handed in at the beginning of the trip.

### Staffing

The children will be accompanied by: Mr Hampson, Mrs McCaul, Mrs Kettleborough Mrs Wilmot (Mon – Wed) and Mrs Dickson (Wed – Fri). Children will be divided into groups amongst these members of staff.

#### Travel

We will be travelling by coach. Children's clothing should be kept in an appropriate luggage holder. They will also require a smaller daysack/rucksack with a packed lunch for the first day.

#### Insurance

All children will be insured plus personal effects. Please ask for further information.

## Valuable

Children will want to bring their own cameras, watches etc, but we must stress these are entirely their own responsibility. We intend to take plenty of photographs and video recordings.

NB NO MOBILE PHONES OR HAND HELD GAMES TO BE TAKEN!

### Risk assessments

All activities have been risk assessed; copies are available for scrutiny if desired. AALA covers Great Tower. Parents must have signed and returned EVH2 and completed all relevant sections ASAP.

### Return Home

We expect to return to school at the given time of 3pm. If this changes we will inform you via the schools text messaging system.

## Many regards

On Behalf of The Whartons Primary School – Great Tower 2024

# Suggested Kit List for an Activity residential at a Scout Activity Centre.

Jumpers or sweatshirts (1 per day) T-shirts or polo shirts (1 per day) Trousers or shorts (1 per day) Underwear & socks (plenty) Slippers (indoors) Nightwear Hiking boots or strong shoes Training shoes Waterproof jacket with hood Sun hat, sun cream & sun glasses (you never know!) Towel x 2 (one to use after water based activity) Swimming costume (wear under provided wetsuit) Wash kit Day sack & plastic drinks bottle / container Disposable Camera Pocket Money - (£10 maximum) All items need to be clearly named